



## CONSENSUS DEVELOPMENT CONFERENCE

Making Family Engagement and Family Peer Support a Reality in Early Intervention Programs for Psychosis in Quebec

November 8th and 9th, 2018  
Douglas Hall, Douglas Mental Health University Institute

### DAY 1 – November 8, 2018

8:30	<b>Welcome</b> participants, registration confirmation and health break	
9:00	<b>Opening remarks</b> Overview of the process and objectives of the conference	
9:15	<b>Families and service users in conversation</b> : Effects of psychosis on the family – challenges, support, treating team, the role of the family and its importance in the person’s recovery	(facilitated)
10:15	<b>BREAK</b>	
10:30	<b>Why involve families in early intervention programs for psychosis</b> : an overview of the evidence	Presented by : Marie H��l��ne Morin, Ph.D.
11:15	<b>WORKSHOP</b>	
11:20	<b>Workshop - Objective #1</b> <i>Identify the obstacles and facilitators to family engagement in early intervention programs for psychosis</i> <b>Work tables</b> (composed of family members, service users and healthcare workers) <ul style="list-style-type: none"> <li>➤ Questions on objective #1 asked by the facilitator</li> <li>➤ Responses to questions and discussion among participants</li> <li>➤ Summary of discussion highlights</li> <li>➤ Identify ideas to share with other groups</li> </ul>	(facilitated)
12:30	<b>DINNER</b>	
13:30	<b>Innovative practices</b> regarding family engagement : <ul style="list-style-type: none"> <li>➤ Family peer support and its applications</li> <li>➤ Reflections of healthcare providers where : <ul style="list-style-type: none"> <li>- family peer support services are offered in early intervention programs for psychosis, or</li> <li>- family peer support services are not offered</li> </ul> </li> <li>➤ Question period</li> </ul>	(facilitated)  Presentations by :  Diane Riendeau M.A. Levasseur

15:00	<b>BREAK</b>	
15:15	<p><b><u>Workshop – Objective #2</u></b></p> <p>Determine the learning needs of families, services users and healthcare workers to effectively engage families in early intervention programs</p> <p><b>Work tables</b> (composed of family members, service users and healthcare workers)</p> <ul style="list-style-type: none"> <li>➤ Questions on objective #2 asked by the facilitator</li> <li>➤ Responses to questions and discussion among participants</li> <li>➤ Summary of discussion highlights</li> <li>➤ Identify ideas to share with other groups</li> </ul>	(facilitated)
16 :30	<p><b>Overview of Day 1</b></p> <ul style="list-style-type: none"> <li>➤ Plenary presentation of highlights and ideas on objectives #1 and #2</li> <li>➤ General impressions - participants and facilitators</li> </ul>	
17 :00- 19 :00	<b>RECEPTION</b>	
	<p>Invitation to all participants, facilitators, collaborators and others connected with the conference for a social evening of festivities, including:</p> <ul style="list-style-type: none"> <li>➤ Sharing stories and testimonials</li> <li>➤ Exhibits/artistic performances on the theme of families (impact on them, their involvement, their strengths, etc.)</li> </ul> <p><i>(Hors d'œuvres and refreshments will be served)</i></p>	
<b>DAY 2 – November 9, 2018</b>		
8 :30	Opening the day and refreshment break	
9:00	<p><b><u>Confidentiality (Part 1)</u></b></p> <p><b><u>Collaboration among members of the entourage (Part 2)</u></b></p> <p>Families, service users and healthcare workers in conversation with Dr Marc-André Roy : What are the issues? What are potential solutions? - <i>brainstorming</i></p>	<p>Presentation by : Dr Marc-André Roy, MD, MSc FRCP</p>
10:30	<b>BREAK</b>	
11 :00	<p><b>Program WITH – Psycho-Education group for people who are in relationship WITH participants in CBT therapy</b></p>	<p>Presentation by: Tania Lecomte, Ph.D</p>
12:00	<b>LUNCH</b>	
13 :00	<p>Plenary presentation of :</p> <ul style="list-style-type: none"> <li>➤ Recommendations of participants on the two objectives</li> <li>➤ Closing remarks and next steps</li> </ul>	
14 :00	Evaluation and adjournment	